

KHATTAK MEMORIAL SURGERY



Epilepsy

Around 1 in every 100 people have Epilepsy in the UK



When should I have an annual review?

- Adults – year with their GP or Specialist
- Children – yearly with a Specialist

Call 999 if:

- someone is having a seizure for the first time
- the seizure lasts longer than 5 mins
- they have breathing problems

Learn more at:

<https://epilepsysociety.org.uk>



Topics you may wish to discuss:

- Seizures
- Medication
- Pregnancy and Periods
- Lifestyle triggers
- Driving
- Employment
- Safety and Risk

Written and Designed by Dr Zainab Hussein (2023)