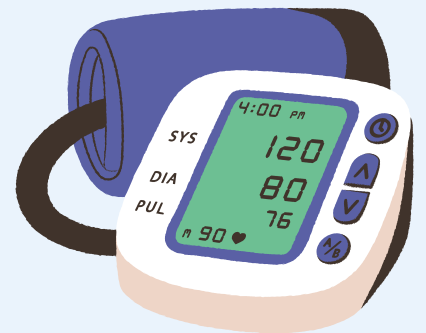


CHRONIC KIDNEY DISEASE

Also known as CKD is a long term condition where the kidneys do not work as well as they should.

- Annual Reviews: once or twice yearly with your practice nurse
- It will include:
 - Discussing your symptoms
 - Blood Pressure check
 - Blood tests
 - Lifestyle measures
 - Medication review



DID YOU KNOW?

The biggest causes of CKD are uncontrolled diabetes and high blood pressure

DO YOU HAVE ANY OF THESE SYMPTOMS?

- Tiredness
- Shortness of breath
- Swollen ankles, feet or hands
- Feeling sick
- Blood in your urine

1.8 MILLION

People in England have diagnosed CKD

For more information, go to:
<https://www.kidneycareuk.org>

